

HEALTH STAFF BURNOUT LEVELS AND EFFECTIVE FACTORS ANALYSIS: EXAMPLE OF A PUBLIC HOSPITAL

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Abstract

Burnout is an important concept that threatens all professionals and service providers in the world today. Especially, it is known that the health personnel who have to serve to the persons who are in need of medical treatment due to the condition of the patient, the need and the situation they are constantly experiencing, have more burnout syndrome than the other members of the profession. In addition to the emotional exhaustion of health workers, the level of exhaustion experienced negatively affects the quality of the service by reducing the desensitization of the profession and the illnesses they serve and the level of personal and professional achievement. When it comes to human health and life, it is expected that the dimensions of the burnout in the health sector will have more serious consequences. For this purpose, a questionnaire survey was collected with 250 personnel of a public hospital in Kütahya, Turkey. Data collected were subjected to reliability analysis using IBM SPSS Statistics Version 24 and Cronbach's Alpha value was 0.760. In the factor analysis, it was seen that the questionnaires were collected under 5 factors. This suggests that the survey is reliable and understandable.

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