

WHAT IS THE ESSENCE OF BRAIN BASED LEARNING?

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Abstract

Undoubtedly, the ones who get acquainted with brain based learning for the first time ask themselves the same question “Is there any kind of learning that is not brain based?” It is certain that any kind of learning human beings are involved has a direct link with brain based activities, therefore; no learning could be expected unless the activity encompasses some brain activity. That fact makes brain based learning distinguished from the other learning methods. Teachers should ask themselves: “How many bells do my instructions ring in my learners mind? What really makes the learning long-lasting and if it is the common concern of all teachers what should we do? In brain based learning, the more neuron activity is allowed and sustained by various activities, the better brain based learning happens. Hence, thinking of the common wisdom, anyone can learn if the normal activity of the brain is not obstructed.

Key Words: Brain based learning, neuron activity, meaningful learning.