

## SECONDARY SCHOOL BRANCH TEACHER'S STRESS ORIGINATING FROM RELATIONSHIPS WITH THEIR PRINCIPALS

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### Abstract

The research purpose is to determine and understand the secondary schools teachers' opinions on stressors originating from formal and informal relationship with the school principal and on coping with these stressors. A non-probability sampling was used in this study. 11 out of 45 branch teachers who are volunteers to participate in the research and working for a secondary school located in the city centre of Antalya were chosen as the sample. While choosing the sample, selecting one teacher from each branch was one of the considerations.

A qualitative approach was selected for this study. Semi-structured interviews were used. Data were collected from December, 2013 through February, 2014. Interviews lasting 45-60 minutes were recorded and then classified.

The results of the study includes information about what stressors originating from secondary school teacher-manager formal and informal relations in a school setting are, positive and negative effects of stressors and coping with stressors.

**Key Words:** Stressors, management, formal and informal relation, branch teacher, secondary school.