EVALUATION OF REQUIREMENTS AND STRESS LEVELS
OF THE FAMILIES HAVING DISABLED CHILD

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Abstract
In this study, it was aimed to determine the requirements and stress levels of fathers and mothers having disabled child. The universe of the study consists of the families of 270 disabled children registered in Counseling and Research Center affiliated with Cankiri Provincial Directorate of National Education. No sampling was executed in this study, and 200 parents accepting to participate into the study voluntarily were involved. During gathering the data, “General Information Form”, “Family Needs Survey”, and “Questionnaire on Resources and Stress-Family” were utilized. In analyzing the data, Kolmogorov-Smirnov, Mann Whitney U, and Kruskal Wallis tests were used. As a result of performed analyses, it has been determined that mothers, elementary-school graduates, and unemployed parents have higher family requirements (p<0.05), and elementary school graduates, ones having 4-5 years old children, and ones having child diagnosed within 3 years after birth have higher stress levels.

Key Words: Disabled child, family requirement, family stress.