

AN INTERVENTION TO INCREASE SEXUAL HEALTH INFORMATION LEVELS OF YOUTH: PEER EDUCATION PROJECT

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Abstract

Peer education is an effective method in terms they can easily ask questions on matters including privacy with their peers. In this study, the sexual health of university students increasing their knowledge about reproductive health was conducted to assess the effectiveness of peer education. Dumlupınar University Faculty of Fine Arts has created a working group of senior students of 200 volunteer students. The study group Sexual Health/Reproductive Health issues of education consisting of four sessions were implemented. The data obtained by the pre-test and post-test and evaluated by SPSS. Increase the knowledge of students in all subjects was observed after the training given to students. The level of information on all aspects of women has increased significantly higher than male students. Students sexual health / reproductive health issues in the knowledge level was observed to be very low. Peer education is to increase the level of knowledge was found to be extremely effective. To expand the training of peer educators in universities, to cooperate with other disciplines to apply to different groups of students education and sexual health/reproductive unit can receive advice on the creation of health is recommended.

Key Words: Peer education, sexual health, reproductive health, adult education.