

OPINIONS OF ACTIVE TEACHERS ABOUT PHYSICAL EDUCATION AND SPORTS CLASSES: İZMİT CASE

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Abstract

The aim is to determine teachers' thoughts on physical education and sports lessons. After obtaining the required permissions in the 2014-2015 school year, 418 teachers working in Izmit District were randomly selected to participate in the research and when their answers regarding the questions in what grades physical education and sports classes should be included in the school program and whether the current 2-hour classes are enough or how many hours they think it should be were analyzed; 64,8% found 2-hour weekly classes insufficient, and 35,2% found it enough. Regarding how many hours it should be weekly in primary school; 35,6% said 4 hours; 21,8% said 2 hours, 17,5% said 5 hours, and 15.1% said 3 hours. In secondary school; 39.7% said 4 hours; 27.8% said 2 hours; 16% said 3 hours; and 10% said 5 hours. In high school; 34% said 4 hours; 33.5% said 2 hours; 16.5 said 3 hours; and 8.1% said 5 hours. Regarding the answers to what grade level this course should be started in the program; 59% said 1st grade in primary school, 32,8% said in preschool period, 3.1% said 2nd grade in primary school, 2,4% said 4th grade in primary school.

Keywords: Primary school teacher, secondary school teacher, physical education class, sports.