

A STUDY OF HOPELESSNESS IN STUDENTS ATTENDING SCHOOL OF PHYSICAL EDUCATION AND SPORTS: KOCAELI UNIVERSITY CASE

Sedat Bayođlu
Kocaeli Üniversitesi, Sağlık Bilimleri Enstitüsü
sdt_bay@hotmail.com

Doç. Dr. Elif Karagün
Kocaeli Üniversitesi, Spor Bilimleri Fakültesi
elif.karagun@gmail.com

Abstract

The aim is to find out about the hopelessness level of students who study at the School of Physical Education and Sports according to gender, their majors, economic situation, active participation in sports, and the active participants' working status as amateurs and professionals. During the spring semester 2015-2016, permission was obtained from Kocaeli University School of Physical Education and Sports for the research that was planned to be descriptive, and 181 students, 76 female and 105 male, were selected in accordance with random method and volunteerism and The Beck Hopelessness scale, translated by Seber (1991), the validity-reliability study done by Durak and Palabıyıköđlu, was applied to those students. When the data were analyzed in SPSS 20 package program; no statistically significant results were found between the hopelessness levels of the students and the variables of gender, their majors, economic situation, active participation in sports, and the active participants' working status as amateurs and professionals.

Keywords: Hopelessness, physical education and sport, doing sports, student, amateur athlete, professional athlete.