



## ORGANIZATIONAL STRESS AND JOB SATISFACTION LEVELS OF COACH AND SPORTIVE TRAINING EXPERTS

Büşra Başbuğa Kocaeli Üniversitesi, Sağlık Bilimleri Enstitüsü busraozcan@gmail.com

Doç. Dr. Elif Karagün Kocaeli Üniversitesi, Spor Bilimleri Fakültesi elif.karagun@gmail.com

Z. Dilay Ekiz Kocaeli Üniversitesi, Sağlık Bilimleri Enstitüsü ekizdilay@gmail.com

## Abstract

The aim of this research is to compare organizational stress and job satisfaction levels of trainer and sportive training experts. For this purpose, 59 male and 42 female totally 101 employees working in Istanbul Provincial Youth Services and Sports Provincial Directorate were applied to "Minnesota Satisfaction Scale", which was translated into Turkish by Baycan (1985) for validity and reliability studies, and "Business Stress Scale of University Teaching Staff" developed by Balci (1993) for evaluating their stress level by random sampling. When the data were analyzed by SPSS 21.00 package program, For Organizational Stress Scale; there were no significant results were found, according to the gender, age and duration of work, tenure and educational situation. With regards to job satisfaction there were no significant differences according to the level of education and the field of work(department). When job satisfaction and organizational stress scales were compared, significant results were seen.

Keywords: Job Satisfaction, Organizational Stress, Stress, Sporty Education Expert.