

AN APPLICABLE METHOD IN NURSING EDUCATION: VALUES CLARIFICATION

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Abstract

Value is a set of beliefs created by people in accordance with the principles of individual morality. Values decide to which behavior is good, right and preferred and also determine to professional behavior of individuals. In the nursing profession, a professional personal and professional values affect the quality of nursing practice and care. Be aware of the values that guide their behavior in order to provide quality services to individuals is very important. Values clarification is aimed to reveal of the value; it is an education method which provide to explanation of people value perspectives. The methods used in the approach are role-playing, simulation, designed or situations based on real life, not in-depth self-analysis exercises and small group discussions. This approach will help for understanding the reasons of decision, knowing and acceptance of their own value system. Values clarification will help to individuals for acceptance of similarities and differences between the values, and also improve the quality of care through effective communication. This study has been written to emphasize that values clarification method which is commonly used in many areas, is suitable and useable for nursing education and moreover in this study is written to create an awareness for using the value clarification methods in education.

Keywords: Nursing, values clarification, education, ethics.